

Today

I. Last Time

II. Angular Momentum Eigenvalues

III. Begin Derivation of the Angular Momentum Eigenfunctions

I. Last time

* Looked at commutativity of angular momentum components: $[L_x, L_y] = i\hbar L_z$ and cyclic permutations

* We also found: $[\vec{L}, L^2] = 0$. This means that we can simultaneously observe any one component of \vec{L} and L^2 .

* Introduced ladder operators for angular moment:

$L_{\pm} = L_x \pm iL_y$ and found their commutation properties

$[L_{\pm}, L^2] = 0$, and $[L_z, L_{\pm}] = \pm \hbar L_{\pm}$.

* Two partial results on eigenvalues: $L^2(L_{\pm}f) = \lambda(L_{\pm}f)$,

$L_z(L_{\pm}f) = (\mu \pm \hbar)(L_{\pm}f)$. These operators raise and lower the z -component of angular momentum.

I. Conclusion(!): $[L_x, L_y] = i\hbar L_z$, $[L_y, L_z] = i\hbar L_x$ and cyclic permutations.

If two operators don't commute, then there's always an uncertainty relation for them:

$$\sigma_A^2 \sigma_B^2 \geq \left(\frac{1}{2i} \langle [\hat{A}, \hat{B}] \rangle \right)^2.$$

Let's apply this to the case of angular momentum:

$$\sigma_{L_x} \sigma_{L_y} \geq \left| \left(\frac{1}{2i} \langle i\hbar L_z \rangle \right) \right| = \frac{\hbar}{2} |\langle L_z \rangle|.$$

There's a way out of this complicated situation (really only a partial way out). We want to try and find some quantity that does commute with the components of \vec{L} . The idea is to turn to the magnitude of \vec{L} , $L^2 = \vec{L} \cdot \vec{L} = L_x^2 + L_y^2 + L_z^2$. Let's compute

$$[L^2, L_z] = [L_x^2 + L_y^2 + L_z^2, L_z] = [L_x^2, L_z] + [L_y^2, L_z] + [L_z^2, L_z]$$

$$\begin{aligned}
\text{I. } [L^2, L_z] &= [L_x^2 + L_y^2 + L_z^2, L_z] = [L_x^2, L_z] + [L_y^2, L_z] + [L_z^2, L_z] \\
&= [L_x^2, L_z] + [L_y^2, L_z] \\
&= L_x[L_x, L_z] + [L_x, L_z]L_x + L_y[L_y, L_z] + [L_y, L_z]L_y \\
&= -i\hbar L_x L_y - i\hbar L_y L_x + L_y(i\hbar L_x) + i\hbar L_x L_y \\
&= 0. \checkmark
\end{aligned}$$

Then, because none of the directions is special, we expect

$$[L^2, \vec{L}] = 0!$$

So, L_z and L^2 are compatible observables. Let's find their eigenvalues.

Let's call the eigenvalues μ and λ respectively. More concretely

$$L_z f = \mu f \quad \text{and} \quad L^2 f = \lambda f. \quad (1)$$

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We'll try to copy what we did for the oscillator:

$$L_{\pm} \equiv L_x \pm iL_y.$$

Then,

$$\begin{aligned} [L_z, L_{\pm}] &= [L_z, L_x] \pm i[L_z, L_y] \\ &= i\hbar L_y \pm i(-i\hbar L_x) \end{aligned}$$

So,

$$[L_z, L_{\pm}] = \pm \hbar(L_x \pm iL_y) = \pm \hbar L_{\pm}.$$

$$[L^2, L_{\pm}] = 0.$$

Claim: If f satisfies Eq. (1), then so does $L_{\pm}f$, except with

$$L_z(L_{\pm}f) = (\mu \pm \hbar)(L_{\pm}f). \quad \underline{\text{Pf:}}$$

$$L^2(L_{\pm}f) = L_{\pm}(L^2f) = L_{\pm}(\lambda f) = \lambda(L_{\pm}f). \quad \checkmark$$

$$L_z(L_{\pm}f) = (L_z L_{\pm} - L_{\pm} L_z)f + L_{\pm} L_z f = \pm \hbar L_{\pm} f + \mu L_{\pm} f = (\mu \pm \hbar)L_{\pm} f. \quad \checkmark$$

II. Let's use the ladder operators to find the angular momentum eigenvalues.

Notice that we can't raise L_z indefinitely. So, eventually we hit a top rung:

$$L_+ f_t = 0.$$

Let's give a name to the z-component of angular momentum of the top rung,

$$L_z f_t = \ell \hbar f_t \text{ and } L^2 f_t = \lambda f_t. \text{ To relate } \ell \text{ and } \lambda$$

let's try to find a relation between L^2 , L_{\pm} ,

and L_z . Let's compute

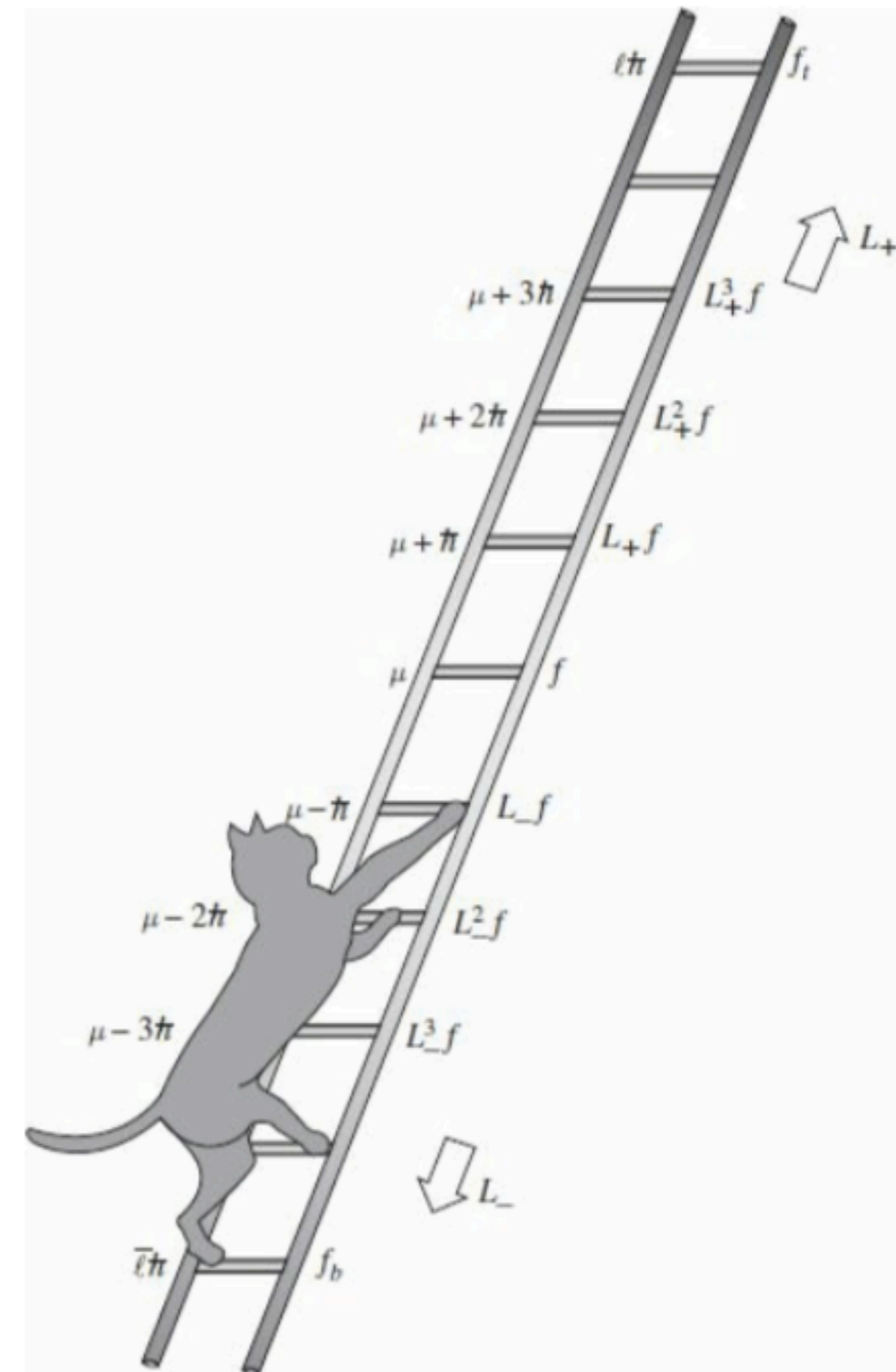
$$L_{\pm} L_{\mp} = (L_x \pm iL_y)(L_x \mp iL_y) = L_x^2 + L_y^2 \mp i(L_x L_y - L_y L_x)$$

$$= L_x^2 + L_y^2 \mp i(i\hbar L_z)$$

$$= L^2 - L_z^2 \pm \hbar L_z.$$

Solve this for L^2 , to get

$$L^2 = L_{\pm} L_{\mp} + L_z^2 \mp \hbar L_z.$$



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$$L^2 = L_{\pm}L_{\mp} + L_z^2 \mp \hbar L_z.$$

It follows that

$$L^2 f_t = (L_-L_+ + L_z^2 + \hbar L_z) f_t = (0 + \ell^2 \hbar^2 + \ell \hbar^2) f_t = \hbar^2 \ell(\ell + 1) f_t$$

So, $\lambda = \hbar^2 \ell(\ell + 1)$

Similarly, $L_- f_b = 0$ and

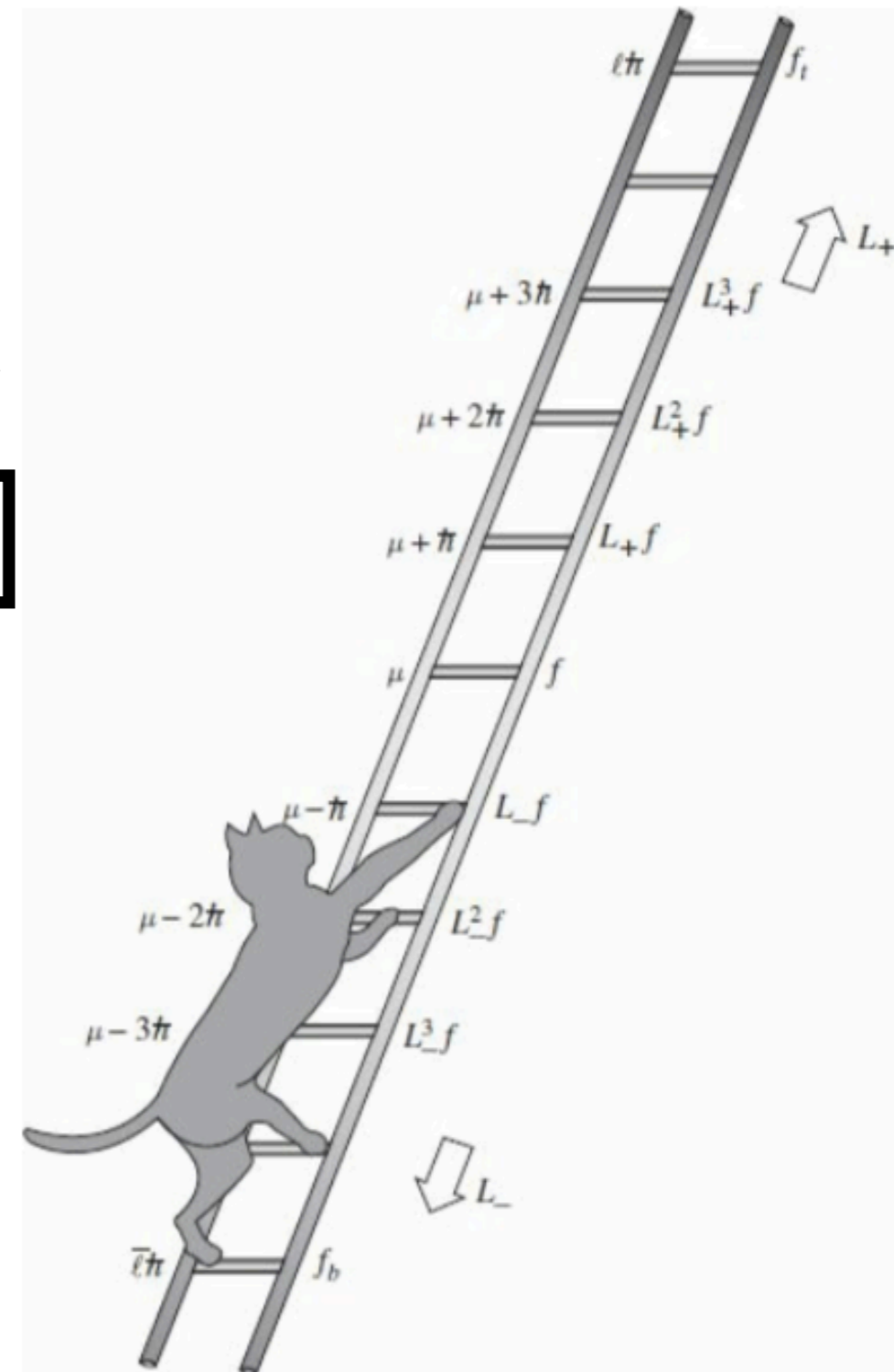
$$L^2 f_b = (L_+L_- + L_z^2 - \hbar L_z) f_b = (0 + \bar{\ell}^2 \hbar^2 - \bar{\ell} \hbar^2) f_b = \hbar^2 \bar{\ell}(\bar{\ell} - 1) f_b$$

Then, we can also write,

$$\lambda = \hbar^2 \bar{\ell}(\bar{\ell} - 1) \implies \bar{\ell}(\bar{\ell} - 1) = \ell(\ell + 1).$$

So,

$$\bar{\ell} = \begin{cases} \ell + 1 & \text{physically absurd} \\ -\ell & \text{yes!} \end{cases}$$



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We conclude that the eigenvalues of L_z are $m\hbar$ where

$$m = -\ell, -\ell + 1, -\ell + 2, \dots, \ell - 1, \ell$$

goes in integer steps. We must have that

$\ell = -\ell + N$, where N is an integer. So,

$\ell = \frac{N}{2}$ is either an integer or a half-integer.

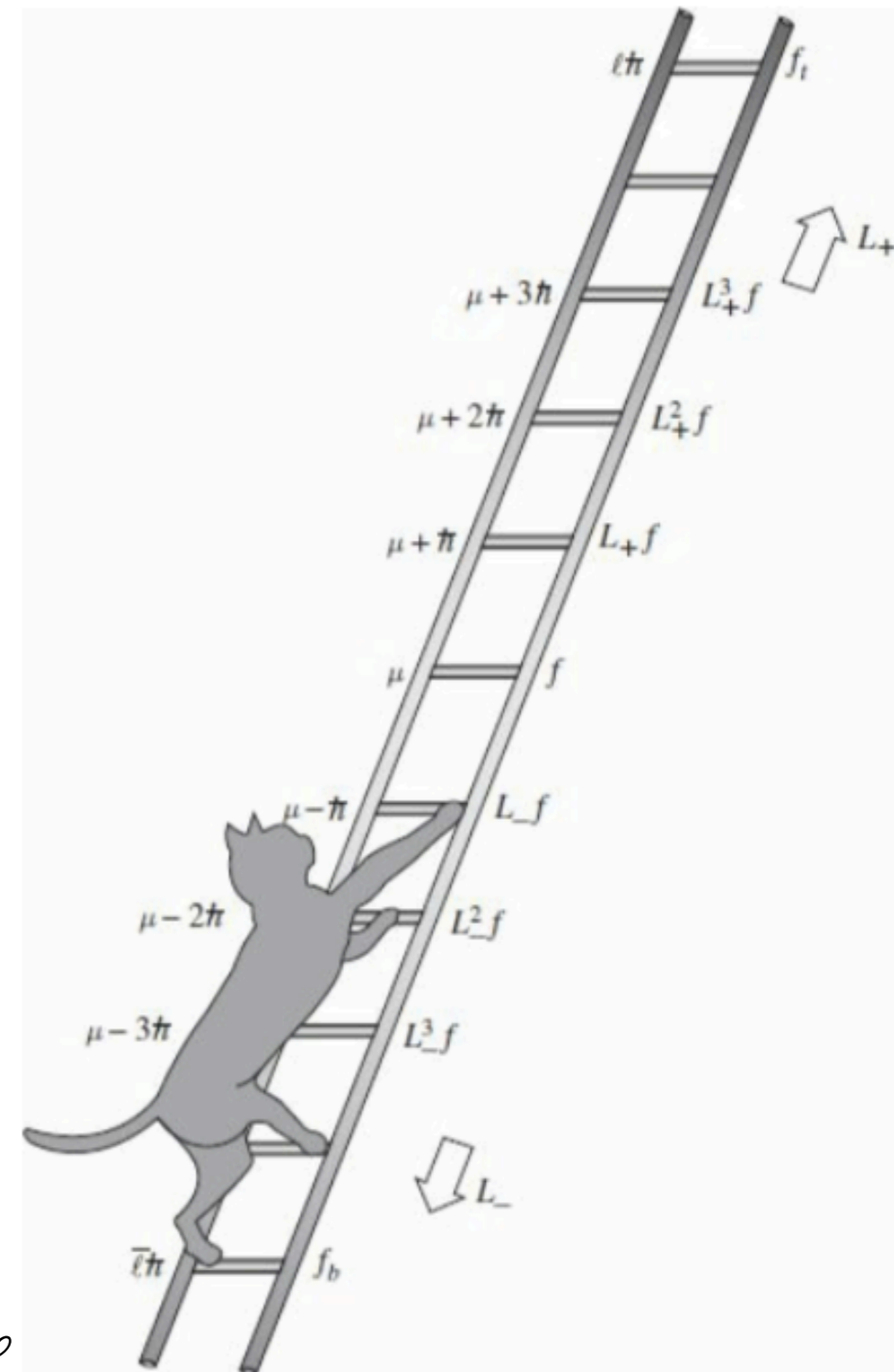
Intro notation

$$L^2 f_\ell^m = \hbar^2 \ell(\ell + 1) f_\ell^m$$

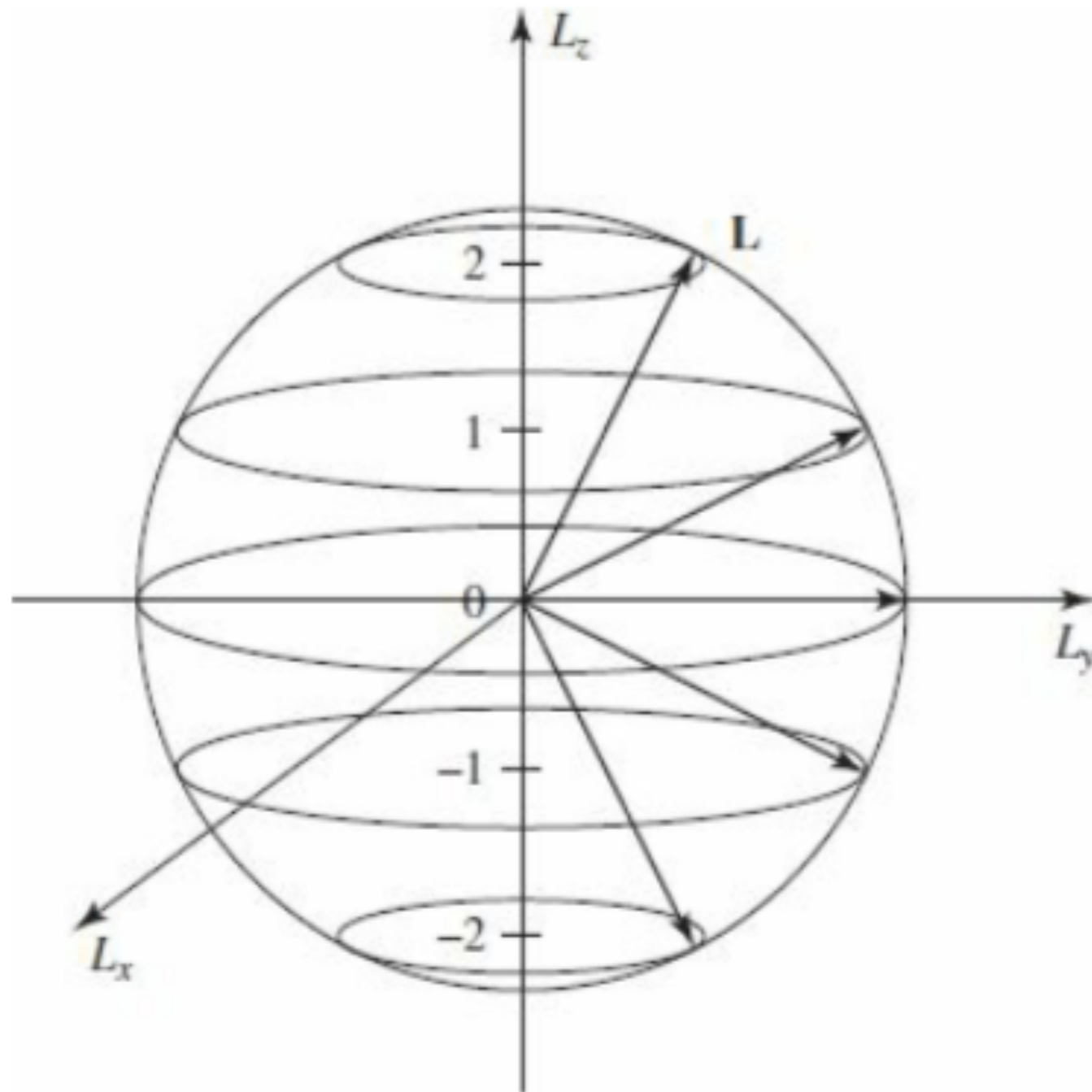
and

$$L_z f_\ell^m = \hbar m f_\ell^m, \text{ where}$$

$$\ell = 0, \frac{1}{2}, 1, \frac{3}{2}, \dots; m = -\ell, -\ell + 1, \dots, \ell - 1, \ell$$



We can roughly picture this as follows:



The radius of this sphere $\sqrt{\ell(\ell + 1)}$ is in general greater than $\max(L_z)$.