

Homework 5

Due in class Thursday, September 15th.

To read:

1. Read the article “The Time Lab” by Helen Pearson. The article can be downloaded directly from our site:
<http://bohr.physics.berkeley.edu/hal/teaching/sci127Fa16/notes/PearsonTimeLab.pdf>
or from the source at Nature:
<http://www.nature.com/news/the-lab-that-knows-where-your-time-really-goes-1.18609>
2. Read Chapter 2 of *Made to Stick*. The chapter is titled “Unexpected”. You should have the book by now, but if not let me know.

To hand in:

1. Starting directly after class, take a 24-hour journal of your time use. Set your phone alarm to vibrate every half an hour. Open your lab notebook and record briefly how you spent the last half hour. Use your good sense and don’t do this throughout the night or when it will be an unwelcome interruption. Instead if you know how you will use a larger block of time, set the timer for the end of that block and do the written record then.