

Homework 17

Due by class Monday, April 6th

After you've done the reading below, turn in to our shared folder your answers to these questions:

To turn in: (1) What is purposeful practice? (2) What's the best example of something from your life where you have employed purposeful practice? (3) What is homeostasis and what role is it playing in this discussion?

(4) What are Benedict Carey's three phase of percolation? Think of an example from your experience where you witnessed all three of these phases (if you can only think of an example with two, that's okay). (5) What was the example? (6) Was percolation of value to it?

1. [Read the Introduction and Chs 1-2](#) of A. Ericsson and R. Pool's book *Peak*. This is about 32pp broken into roughly 14 sections.

2. Read Chapter 7 of Benedict Carey's *How We Learn*. It's about 18pp that are broken up into 4 sections.