

## Labs 7 & 9: Self Experiment 2

In lab we discussed the format of your lab report for the second self experiment. We agreed that you would keep the report under three pages, not including appendices. The write up is due Saturday, May 2nd by 8pm.

We settled on including the following:

1. What you did. This should include the total number of hours that you spent on the project, but also a description of how you used that time.
2. What you learned about your own learning process. This could include some of the unexpected obstacles that arose and how you would deal with these sorts of issues in the future.
3. How would you do this sort of project differently in the future?
4. Compare the two self experiments.
5. How did the pandemic change your plans?
6. At what point were you most effective in your practice? Why?
7. Appendices. Your appendices can go past the 2 page limit and may be useful for documenting some of the experience. For example, if you wrote a code, they could have the raw code. If you drew portraits they could include the portraits. For those of you that did audio or video projects, you are welcome to submit sound or video files to our shared folders. For example, recordings of your first day on the instrument and of your last day.

The reason for a 3pg limit is to emphasize quality over quantity and to limit the amount of time that you put into this report.

Some examples of questions you might ask yourself are:

Was your planning before you began good enough? Was your objective clear? Now that you've completed the project, can you tell if you were successful? If not, why not?

Was your follow through on the total time good? That is, were you able to do all 20 hours? If so, what do you attribute that success to? If not, why not? Was the quality of these hours high? Can you see ways to improve the quality of those hours?

Having done this whole process, how would you frame working on a learning project for 20 hours? That is, what is a 20 hour project good for? What sorts of learning is it less good at capturing?